



AFRICAN
MANAGEMENT
INITIATIVE

Empower Your People | Build Your Business | Lead Africa

Thrive@Work Programme: Empower your People

4-6-month programme for your people to learn how to effectively manage themselves and their work

Why Enrol in this Programme?

Your employees are the backbone of your organisation, and you need them to be productive. Unfortunately, many lack the skills and tools to manage themselves and their work effectively. Traditional training courses are heavy on theory, but rarely lead to real change and improved performance – AMI's Thrive@Work programme is different. This intensive 4-6 month programme combines high-impact workshops with online learning and on-the-job feedback and practice to ensure training translates into real results.

Learning Objectives:

- Break down goals and projects into manageable tasks
- Prioritize and manage your time
- Communicate effectively
- Give and receive feedback
- Handle stress and emotions

Learning Lab 1

Learning Lab (1-day): Managing Myself

How do I get organized and make sure I can get everything important done?

Topics/Courses covered:

- What makes a great employee
- Goal-setting and planning
- Effective Communication
- Personal Productivity
- Accountability & Ownership
- Self-Management & Stress



Online courses



Practice

Learning Lab 2

Learning Lab (1-day): Working with Others

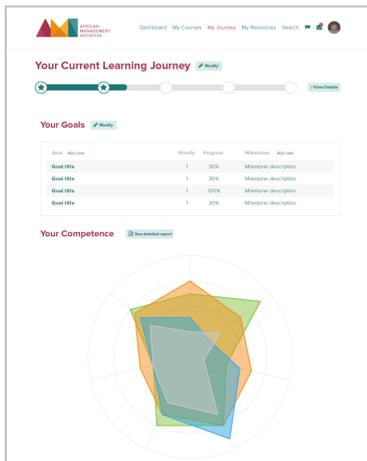
How do I effectively interact and work with my colleagues?

Topics/ Courses covered:

- Earning the trust of your team
- Asking good questions, active listening
- Giving & Receiving Feedback
- Influencing Others
- Emotional intelligence

How it Works | AMI's Approach

AMI will deliver the 'Thrive@Work' programme in-house at your company with your people. Our unique blended-learning approach combines lively interactive in-person workshops with individual online study, practical team-based activities and the chance to practice on the job.



To ensure learning continues outside of workshops, we will create a private, branded, online 'Learning Academy' for your organisation's own 'Thrive@Work' cohort. The Academy hosts the learning modules, tools, toolkits, case studies and customised material specific to your organisation's learning needs.

- Branded 'Academy' on Africa's first social learning platform
- Unlimited access to 50+ learning modules (and 3,000+ tools) with certificates
- Courses cover topics including: managing people, customers & markets, finance, projects, and how to start a business
- Access to iCoach, AMI's online performance management tool to track learning and performance
- Affordable and scalable
- Customised content and toolkits that incorporate client-specific material
- Data-rich feedback on learner progress and performance

About AMI | Transforming African Management

The African Management Initiative (AMI) helps organisations across Africa build motivated, productive and effective workforces through our unique learning and transformation programmes, delivered via web, mobile and in-person workshops. We work with managers and entrepreneurs on building key business management skills, and have partnerships with numerous organisations on work-readiness programmes for young people entering the workforce.

More than just courses, AMI programmes are catalysts that can transform the day-to-day business practices of your organisation. Unlike traditional training, AMI uses experiential and action learning to get learners using tools and practicing new skills in

real-time. The focus is on getting people to adopt new habits and practices, and to apply them systematically with their teams. The results are improved ownership, accountability, collaboration and performance.

AMI has developed over 50 practical business modules – including over 3,000 tools – with Africa's leading business schools and global experts on adult learning. Our world-class content is combined with coaching, action-learning projects and networking tools to ensure that employees apply what they learn on the job and hold each other accountable to the highest standards of performance and responsibility.

Experience AMI and transform your business

To learn more, visit our [website](#), watch a short video about [who we are, what we do and why](#), or read about AMI in the news on [Euronews](#), [CNN](#), [Financial Times](#), [AllAfrica](#) and [Kenya's Business Daily](#)



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